

PARENTAL INSTRUCTIONS FOLLOWING PEDIATRIC SEDATION

After Treatment: You and your child will remain in the office upon the completion of treatment until your child is awake, alert, can sit-up unaided, and is able to move with minimal assistance. Because we used local anesthetic to numb your child's mouth during the procedure, your child may accidentally bite or chew their lips, cheeks, or tongue and/or may rub or scratch their face after treatment. This is especially true if it is the first treatment experience for your child. Please observe your child very carefully. This danger exists for 1 ½ - 3 hours after treatment. A small amount of bleeding from the gums around the teeth that were repaired or removed is normal, but this should stop within 24 hours. Your child should experience only minor discomfort, if any, as a result of the dental treatment and sedation procedure. If your child naps after the appointment, check them frequently to assure that their chin is up from the chest and breathing is not obstructed. In order to avoid dehydration, remember to periodically wake them up to administer small amounts of clear fluids.

Returning Home: Your child **MUST** be supervised by a responsible parent or legal guardian. He/She should be closely observed for breathing difficulties and carefully secured in a car seat or by a seat belt during transportation, as their balance may be altered for several hours after sedation.

Activities: **DO NOT** plan or permit activities for your child after this treatment. Allow your child to rest quietly. Closely supervise any activity for the remainder of the day.

Drinking/Eating Following Treatment: Be sure that your child starts to **drink liquids** as soon as you leave the office. This will prevent dehydration. We suggest that the first drink following treatment be plain water. Clear liquids such as apple juice or ginger ale may be next. Small drinks are better than allowing your child to fill-up all at once. You may begin feeding your child softer foods once he/she is ready, but wait at least 2-3 hours to ensure numbness from the local anesthetic has disappeared. Please avoid dairy products for 8-10 hours. If napping, be sure to wake your child hourly to encourage the drinking of clear fluids.

Pain or Temperature Elevation: Your child's temperature may be elevated to 101°F (38° C) for the first 24 hours after treatment and/or they may experience some minor soreness. Give them *Tylenol* or *Motrin/Advil* pain relievers every 4-6 hours and encourage drinking to help alleviate these conditions. Always avoid aspirin-containing medications.

Contact Our Office or Emergency Number:

- ❖ If vomiting persists beyond 4 hours after the appointment or occurs more than 3 times.
- ❖ If their temperature remains elevated beyond 24 hours or goes above 101° F (38° C).
- ❖ If there is persistent bleeding 4-5 hours after the appointment.
- ❖ If any other matters arise which cause concern.

Important Phone Numbers to Remember

Dr. Mark Lantzy	(817) 837-4545
Off-Hours Emergency Paging System	(817) 874-0379

Post-Treatment Communication with Child: When speaking to your child regarding this appointment, only positive, complimentary statements are appropriate. Even in the poorest cases, the child usually remembers only what the parent reiterates after the appointment. A positive post-treatment period will guarantee that your child will begin to build confidence in the dentist and will ensure that subsequent appointments are much less stressful.

Our office has a doctor on-call everyday of the year. Please don't hesitate to contact us if anything seems abnormal or simply to ask a question. It is truly better to be safe than sorry!