

HOME CARE FOR YOUR CHILD'S EXTRACTION SITE

Your child's cheeks, lips and/or tongue will remain numb for up to 2 hours after leaving our office.

Be careful that your child does not bite or chew on his/her cheeks, lips, or tongue.

Severe damage to those tissues can result from only one bite.

Bleeding

Your child has been instructed to bite firmly on the gauze provided to him/her for 30-45 minutes to stop the bleeding. If residual bleeding occurs, have your child bite firmly on another gauze wrap provided to you. The extraction site is expected to ooze for 24-48 hours. However, if the site continues to bleed profusely after 2 hours call Dr. Lantzy's office for further instructions.

Eating/Drinking

Avoid very hot or very cold fluids and foods until the numbness diminishes. A soft diet is recommended for the next 24 hours. After that time, your child will tell you what he/she can eat.

Discomfort

Children typically experience very little pain or discomfort following extractions. If necessary, Children's Tylenol or Children's Motrin may be given as directed on the label. **Do not use aspirin.**

Dry Sockets

If a primary tooth was extracted, we do not need to worry about dry sockets.

If a permanent tooth was extracted, prevent a dry socket by:

- No heavy spitting: rinse with water by rolling it around in your mouth and then letting it fall into the sink.
- No straws for 1 week.
- No smoking for 1 week, if your child smokes.

If pain begins to diminish but elevates 3-5 days after the extraction, call Dr. Lantzy.

Maintenance

Clean the extraction site regularly by gently brushing it when brushing the rest of your child's teeth.

PLEASE CALL OUR OFFICE AT (817) 837-4545 IF YOU HAVE ANY QUESTIONS